



Keswick Methodist Church

I lift up my eyes to the hills.....

www.keswickmethodistchurch.org.uk



Notices for week commencing 26 March 2017



The guarding of the God of life
be on you,
The guarding of loving Christ
be on you,
The guarding of the Holy spirit
be on you
Every night of your lives,
To aid you and enfold you
Each day and night of your lives.
Amen

Minister: Rev Sue Edwards
01900 823273

Senior Steward: Sheila Files
017687 79253

A Celtic Blessing

Sunday 26 March : Lent 4 - I am the Good Shepherd

10.45am Worship Service & Baptism led by Rev Sue Edwards
Exodus 3:1-6, 11-15 | John 10:1-6, 11-21

We welcome **Poppy Grace Johnson**, her family and her friends
*Coffee and tea will be served in the Grisedale Room
after the service. Please join us.*

7.30pm Housegroup: *I am the Good Shepherd*

This Coming Week :

Tuesday 28 March:

12.30pm Lent Lunch at Crosthwaite Parish Room

Thursday 30 March:

9.30-9.45am Vision 21 Time to Pray : where you are

9.30-10am Prayer Group in the Grisedale Room

10.15-11.30am Jubilatté – join us for coffee in the Grisedale Room

Friday 31 March:

7.30pm ** **Singing Group at Holly Bank (change of date)

Saturday 1 April:

10am-12noon: Safeguarding Update in the Hall

Sunday 2 April:

Lent 5 – *I am the Vine*

10.45am Morning Worship led by Roy Ellis

7pm Housegroup: *I am the Vine*

Bible Readings for Lent

During Lent each Sunday morning we're looking at the '*I am*' sayings in John's gospel. We've produced a booklet to

accompany the series that contains Bible Readings from John's gospel. It's entitled ***Meeting Jesus in St John's Gospel***. The daily Bible readings mean you can read through the whole gospel during Lent. If you'd like a copy, which also contains prayers and meditations, please collect one from the back of the church (they have a pink cover).



Joyce Ellis (73340)

Methodist Window Sticker

A free Methodist Church Orb and Cross window sticker, which can be used in cars, churches, halls and homes. Simply peel off the backing card and press against clean glass. Tell those that walk and drive past you that you're a Methodist! Pick one up from the table in the Grisedale Room.

EAST AFRICA CRISIS APPEAL



CHRISTIAN AID
DEC MEMBER



Photo credit: Andreea Campeanu/DEC

People are dying daily from hunger and malnutrition across East Africa. This is the worst humanitarian crisis since 1945. Famine has been declared in parts of South Sudan, where 100,000 people face starvation and nearly 5 million people urgently need food. This crisis follows more than three years of devastating conflict, which has left millions of people without a safe place to call home. The situation is also grave in Somalia, Kenya and Ethiopia where 14 million people are going hungry every day, caught up in the region's worst drought in 50 years. In Somalia alone, over 360,000 children under five are extremely malnourished. The situation is deteriorating rapidly. A major catastrophe is unfolding. We need to reach people quickly so we must act now.

Please donate to the East Africa Crisis Appeal. There is a basket at the door as you leave today for your gifts. If you can gift aid your donation that would be even better.



Christian Aid is a member of the Disaster Emergency Committee (DEC).

The 40 for 40 Challenge



#40for40

The North Lakes Foodbank challenges you to give up 40 pence a day for the 40 days of Lent in order to help support a local family in crisis this Easter. If you feel that this is something you could do, please see the poster and leaflets in the Grisedale Room. Roy Ellis (73340)

North Lakes Foodbank

The special appeal this week is for :

*** Tinned veg, particularly tinned potatoes*

*** Pasta sauce ** Jam (not homemade)*

*** UHT milk (1 ltr not skimmed)*

*** Tinned hotdogs ** Tinned meatballs*

The tinned hotdogs and meatballs are for the Kids Packs which will be given out in the Easter Holidays. 400 so far packed – 150 to go!



• **A Story from the Foodbank**

Having received such a warm welcome and practical help that a couple advised their neighbour to come to us. This lady had been paid off at the end of November, all was well until her taxi driver partner was taken seriously ill on Christmas Eve with Septicaemia, he had been in Carlisle hospital until Jan 4th, what was left of their money had gone on visiting from Egremont to Carlisle over the holidays. This young lady, with a nine year old boy, became very upset when she realised she was going to be helped, she had obviously been under a terrible strain and tea and sympathy was very much needed. Our advisor was able to help, issued a voucher and the details for an emergency fuel card. We were also happy to be able to supply her with much needed dog food. She'll be supported by CAB from here forward.

Roy Ellis (73340)

We need your empty jam jars!

Please can you bring your empty, washed, jam jars over the coming few weeks and leave them in the box in the Grisedale room. We will be using them as part of a fundraising event for Vision 21. The jars will be distributed to everyone on Sunday 30 April to collect your loose change in over the following weeks. More information will follow but your help in bringing in the jars will be really appreciated.



Sally Lunson (71016)

Working Party

Thank you to all those who turned out on Thursday. The car park in particular is looking a lot tidier – take a look and see what the volunteers have done!

David Hasson (Property Steward) (75818)



Help required

Please let me know if you're available to help with serving refreshments at the fundraising concert on Friday 26 May. If anyone is happy to make a traybake or two that is also very much appreciated

and the large freezer in the kitchen is always ready and waiting for your kind donations. It would help if you could label what they are and date made. Many thanks.

Sally Lunson (71016)

Lent Lunches



The Lent Lunch this week is on **Tuesday 28 March** at the Crosthwaite Parish Room back at our usual time of 12.30pm. This week we're welcoming Adrienne Gill and Henry Goodwin from the Carlisle Refugee Action Group who'll be talking about the city's response to the refugee crisis.

Roy Ellis (73340)

Safeguarding update training

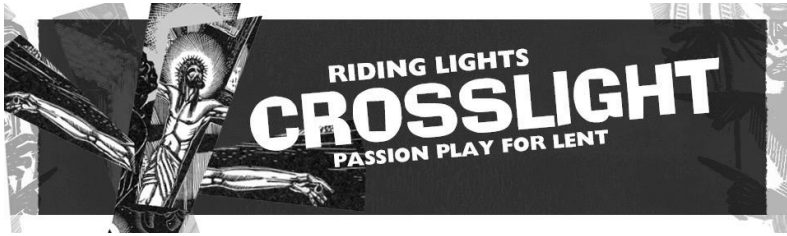
Don't forget the Update Training on Safeguarding is **Saturday, 1 April 10am-12 noon** here at Keswick Methodist Church. If you can't make that date there are two sessions at Lorton Street, Cockermouth on 27 or 28

March 7.30-9.30pm. The session is run in a friendly, relaxed style and has been appreciated by those who've already attended. There will be Foundation Training coming soon for those who haven't already done this.

SAFEGUARDING



As a church, we take the safety and wellbeing of children, young people and vulnerable adults seriously.



Saturday 1 April 6.30pm at Christ Church, Cockermouth

The disciple chosen to lead is in pieces. Caught in the crosslight of the flickering candles at the last supper, the torches of Gethsemane, the firelight in the courtyard, by the searching gaze of his Lord, Simon 'the rock' is shattered. As he hangs from the cross, Jesus is surrounded by a jeering crowd, laughing at his claim to be the Son of God. A small group of family and friends stands by until the agony ends. But the great friend who, more than any other, has stood by Jesus throughout the story is conspicuous by his absence. One man is missing – one who knows the truth. Crosslight draws us into the dramatic events of Christ's Passion and into the experience of one disciple who failed, despite everything he believed so passionately...

Tickets : £6 adult / £3 child / £12 family (2 adults plus children) from 01900 829926 or from the Parish Office, Christ Church Rooms (Wed, Thurs, Fri) or Billy Bowman Music Shop.



Friday 7 April 3-7pm

Braithwaite Institute, Braithwaite

New blood donors needed. Would you be interested in giving blood? If so, you can register online at blood.co.uk or you can call the helpline on 0300 123 2323.

Mining for God : 2pm Fridays 21 July, 28 July, 4 August

Experience a mine tour with a difference this summer at Honister Slate Mine. Learn about how slate is mined, how the miners lived and something of the geology of Fleetwith Pike whilst worshipping God through prayer, readings and praise deep under ground! Join Tori Jones (mine guide and local preacher in training) and Rev David Hasson in this unique opportunity. Leaflets available in the Grisedale Room.

I♥ KESWICK Calendars: We still have a few of these in stock and are selling them off at £1 each! If you are in need of another calendar for that vital spot in your house, this is your opportunity to buy one before they all go!



Vision 21 Fundraising Stall: Don't forget we also have greetings cards at £2 each, puddings at £5, recipe books £4, bags £5 and books in the bookbox only 50p each!

Pound Coins and Fivers

- Just a reminder that the new pound coins arrive on 28 March. They'll be around with the old pound coins for six months and then the old ones will no longer be accepted in shops and can only be exchanged in banks.
- The new £5 notes arrived with us last September and any old £5 notes you have should be used by 5 May. After that you'll have to take them to a bank to be changed.



Future Dates:

- **Tuesday 4 April 12.30pm: Lent Lunch** at Crosthwaite Parish Room - proceeds for Christian Aid
- **Palm Sunday 9 April 6.30pm: St Mark's Passion** at St John's
- **Good Friday 14 April Walk of Witness**
- **Easter Sunday 16 April Easter Sunrise Service**
- **Tuesday 18 April 10am-4pm: Big Jigsaw Sale** in aid of Vision 21
- **Sunday 30 April 10.45am From Pharoah to Freedom & 12noon Lunch & Annual Church Meeting**
- **Sunday 7 May 7pm: Circuit Easter Offering Service** at Bassenthwaite
- **Sunday 14 May 9.30am : Jazz Festival Worship**
- **Friday 26 May 7.30pm: Fain in Concert** in aid of Vision 21
- **Saturday 1 July 7.30pm: The Organist Entertains** with John Bromley

To all our visitors

- You're very **welcome** to our church today. We hope you enjoy worshipping with us. Please sign our visitors' book and put a pin on the map which is in the Grisedale Room (as you came into church). We'd welcome any suggestions you might have to help us improve our hospitality.
- **Children** are welcome in our services. A box of toys and activities is normally available if you need them. If you prefer, you may sit in the Grisedale Room, where you'll still be able to hear the service. Please ask a Steward if you need any help.
- **Hymn Books:** We normally sing from Singing the Faith and most Sundays the words are projected onto the screen. Hymnbooks are always available in the pews. Please ask a steward if you prefer a large print or tune hymnbook.
- **Loop System:** We have a loop system for those who wear a hearing aid.
- **Website & social media** Please keep in touch with us through our website and our Facebook page. Our website is www.keswickmethodistchurch.org.uk. Please visit us there. You can also find us on Facebook and Twitter. These are good ways to keep up to date on what we're doing.
- **Vision 21** We're raising money to redevelop the church, aiming to start after Convention 2017. You can follow how we're doing by checking in the Newsletter and on the website. And you can follow the travels of the I♥KESWICK bag here too.
- **Easyfundraising:** Collect free donations for Vision21 every time you shop online! Visit www.easyfundraising.org.uk/causes/keswickmethodist.

Notice Sheet: Please send or phone notices for next week through to Anne Hasson on 017687 75818 or by e-mail to annehasson@aol.com by Thursday evening.