



# Keswick Methodist Church

I lift up my eyes to the hills.....

[www.keswickmethodistchurch.org.uk](http://www.keswickmethodistchurch.org.uk)



## Notices for week commencing 19 March 2017



**Minister:** Rev Sue Edwards  
01900 823273

**Senior Steward:** Sheila Files  
017687 79253

**Lord**, we stand at the open door which Christ has opened for us; we are not very powerful, not too sure of ourselves. Our faith is shaky, our love is feeble, our hope tends to desperation. But the door is open: no one can close it: and we are here, with faith, tiny as a mustard seed: faith, not in ourselves but in you, eternal God. Your love is poured into our hearts, through the Holy Spirit you have given us, and nothing can destroy the hope we have in Jesus, crucified and risen. He writes your name on us and makes us yours for ever. Amen

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## Sunday 19 March : Lent 3 - I am the door

**10.45am Worship Service** led by David Sharpe  
Isaiah 40:9-11 | John 10:1-10.

*Coffee and tea will be served in the Grisedale Room  
after the service. Please join us.*

**7.30pm Housegroup:** *I am the door*

## ***This Coming Week :***

### **Tuesday 21 March:**

1pm\*\* Lent Lunch at Crosthwaite Parish Room

### **Wednesday 22 March:**

7.30pm Singing Group at Holly Bank

### **Thursday 23 March:**

9.30-9.45am Vision 21 Time to Pray : where you are

9.30-10am Prayer Group in the Grisedale Room

10.15-11.30am Jubilatté – join us for coffee in the Grisedale Room

### **Saturday 25 March:**

9.30am-10.30/11am: Dementia Friends Training at Crosthwaite  
Parish Room

### **Sunday 26 March:**

**Lent 4 – *I am the Good Shepherd* | *Mothering Sunday***

10.45am Morning Worship & Baptism

led by Rev Sue Edwards

7pm Housegroup: *I am the Good Shepherd*

## **Bible Readings for Lent**

During Lent each Sunday morning we're looking at the '*I am*' sayings in John's gospel. We've produced a booklet to

accompany the series that contains Bible Readings from John's gospel. It's entitled ***Meeting Jesus in St John's Gospel***. The daily Bible readings mean you can read through the whole gospel during Lent. If you'd like a copy, which also contains prayers and meditations, please collect one from the back of the church (they have a pink cover).

*A Journey Through Lent*



Joyce Ellis (73340)

## **Methodist Window Sticker**

A free Methodist Church Orb and Cross window sticker, which can be used in cars, churches, halls and homes. Simply peel off the backing card and press against clean glass. Tell those that walk and drive past you that you're a Methodist! Pick one up from the table in the Grisedale Room.

# EAST AFRICA CRISIS APPEAL



CHRISTIAN AID  
DEC MEMBER



Photo credit: Andreea Campeanu/DEC

People are dying daily from hunger and malnutrition across East Africa. This is the worst humanitarian crisis since 1945. Famine has been declared in parts of South Sudan, where 100,000 people face starvation and nearly 5 million people urgently need food. This crisis follows more than three years of devastating conflict, which has left millions of people without a safe place to call home. The situation is also grave in Somalia, Kenya and Ethiopia where 14 million people are going hungry every day, caught up in the region's worst drought in 50 years. In Somalia alone, over 360,000 children under five are extremely malnourished. The situation is deteriorating rapidly. A major catastrophe is unfolding. We need to reach people quickly so we must act now.

**Please donate to the East Africa Crisis Appeal. There is a basket at the door as you leave today and it will also be there next Sunday. If you can gift aid your gift that would be even better.**



Christian Aid is a member of the Disaster Emergency Committee (DEC).

## The 40 for 40 Challenge



**#40for40**

The North Lakes Foodbank challenges you to give up 40 pence a day for the 40 days of Lent in order to help support a local family in crisis this Easter. If you feel that this is something you could do, please see the poster and leaflets in the Grisedale Room. Roy Ellis (73340)

## North Lakes Foodbank

- **A Story from the Foodbank**

*A couple came to us for help, he was self-employed with no work lined up and there had been some mistakes made with their working family's tax credit. With Christmas coming and no money coming in things had reached crisis point, our adviser was able to help them and set up further appointments to tackle the various issues they presented with as well as issuing a voucher. In the meantime whilst I was talking to them I found out their 14 year old with autism had particular problems with food at school (the high cost of food at his school plus his increased appetite) which was putting a strain on things but also his absolute need to have actual sealed bottled water at school, he wouldn't drink tap or fountain water. The cost of this was adding to the strain. I asked them to come back to the next session when we were able to give them a dozen bottles of water to help them out. They were so grateful.*



- The special appeal this week is for :

- \*\* Tinned tomatoes    \*\* UHT milk (1 ltr not skimmed)
- \*\* Tinned fruit        \*\* Jam (not homemade)        \*\* Pasta sauce
- \*\* Tinned hotdogs    \*\* Tinned meatballs

*The tinned hotdogs and meatballs are for the Kids Packs which will be given out in the Easter Holidays.*

Roy Ellis (73340)

## Mothering Sunday Posies

If anyone would like to join me in making small posies of flowers for Mothering Sunday (next Sunday), I would be delighted for your help. I'll be doing them at my home this year, Glencoe Guesthouse, 21 Helvellyn Street, Keswick at **2.30pm on Saturday 25**

**March.** All flowers and materials will be provided, and I'll have the kettle on too! Please let me know on 017687 71016 if you're free to come along. Thank you.



Sally Lunson (71016)



## Dementia Friends

As part of becoming a Dementia Friendly Church, I'll shortly be organising some Dementia Friends training. In the meantime, we've been offered the opportunity to attend the first part of the Church Dementia Enabler programme at Crosthwaite Parish Room on **Saturday 25 March 9.30am** onwards, where they'll be concentrating on what a Dementia Friend is and what they do. If you'd be interested in this, please let me know as soon as possible.

Anne Hasson (75818)

## Lent Lunches



The Lent Lunch this week is on **Tuesday 21 March** at the Crosthwaite Parish Room. **Please note the later start time of 1pm.** This week it's the turn of students from Penrith's Queen Elizabeth

Grammar School who will bring us **Something Musical!**

Roy Ellis (73340)

## Working Party : Thursday 23 March

It's that time of year when we prepare for a good spring clean!! And so we've organised a working party to tidy up outside and inside.

**Outsiders** will start at 9.30am clearing weeds from around our premises, cutting down the last of the tree

stumps, reclaiming the car park from weeds and brambles and clearing the fence of vegetation to protect it. **Insiders** can start at 10am after the prayer meeting, dusting, sweeping, hoovering and polishing as appropriate in the vestry, worship area, Grisedale Room and all the porches. We'll stop for coffee at about 11am and finish by 12.30pm.

Please feel free to come and go between these times as your timetable dictates. We have a limited supply of equipment so if you can bring with you anything you think would be useful, it would be a great help.

However, still come even if you can't think of any equipment to bring!

Your time and willingness to help is a service to God who is so good to us.

David Hasson (Property Steward) (75818)





### Help required

Please let me know if you're available to help with serving refreshments at the fundraising concert on Friday 26 May. If anyone is happy to make a traybake or two that is also very much appreciated and the large freezer in the kitchen is always ready and waiting for your kind donations. It would help if you could label what they are and date made. Many thanks.

Sally Lunson (71016)

### Safeguarding update training

Don't forget the Update Training on Safeguarding is **Saturday, 1 April 10am-12 noon** here at Keswick Methodist Church. If you can't make that date others are available – 25 March 10-12 at Brigham, 27 or 28 March 7.30-9.30pm at Cockermouth. The session is run in a friendly, relaxed style and has been appreciated by those who've already attended. There will be Foundation Training coming soon for those who haven't already done this.

## SAFEGUARDING



***As a church, we take the safety and wellbeing of children, young people and vulnerable adults seriously.***



**Vision21 Quiz** : The March quiz – *Hidden Forest* - is now available at £1. The prize, as usual, is a £10 gift card. The winner of our February quiz was Marion Monckton from Allerby, Aspatria. Well done, Marion.

Helen North & Anne Hasson

**I ♥ KESWICK Calendars:** We still have a few of these in stock and are selling them off at £1 each! If you still need another calendar for that vital spot in your house, this is your opportunity to buy one before they all go!



**Vision 21 Fundraising Stall:** Don't forget we also have greetings cards at £2 each, puddings at £5, recipe books £4, bags £5 and books in the bookbox only 50p each!

## Travels of the I♥KESWICK bag

It's a while since we've heard where the #lovekeswickbag has been! However, it's been quietly bagging more Wainwrights and getting around the country:



- Accompanying Helen (and sometimes Richard) up Glenridding Dodd, Sheffield Pike, Place Fell, Great Crag, Souther Fell, Back o' Skiddaw and High Cup Nick (not all on the same day!)
- Lounging on a Travelodge bed on a visit to Cambridge with Anne

You can buy your bag for £5 in church or at the Cheese Deli in Packhorse Court. They're very handy for lots of different things, not just your shopping!! Don't forget to take a picture of where you are with it and put it on our Church Facebook page using #lovekeswickbag ....

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## Future Dates:

- **Tuesday 28 March 12.30pm: Lent Lunch** at Crosthwaite Parish Room - proceeds for Christian Aid
- **Saturday 1 April 10am-12 noon : Safeguarding Foundation Update**
- **Tuesday 4 April 12.30pm: Lent Lunch** at Crosthwaite Parish Room - proceeds for Christian Aid
- **Palm Sunday 9 April 6.30pm: St Mark's Passion** at St John's
- **Good Friday 14 April Walk of Witness**
- **Easter Sunday 16 April Easter Sunrise Service**
- **Tuesday 18 April 10am-4pm: Big Jigsaw Sale** in aid of Vision 21
- **Sunday 30 April 10.45am From Pharoah to Freedom & 12noon Lunch & Annual Church Meeting**
- **Sunday 7 May 7pm: Circuit Easter Offering Service** at Bassenthwaite
- **Sunday 14 May 9.30am : Jazz Festival Worship**
- **Friday 26 May 7.30pm: Fain in Concert** in aid of Vision 21

## To all our visitors

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- You're very **welcome** to our church today. We hope you enjoy worshipping with us. Please sign our visitors' book and put a pin on the map which is in the Grisedale Room (as you came into church). We'd welcome any suggestions you might have to help us improve our hospitality.
- **Children** are welcome in our services. A box of toys and activities is normally available if you need them. If you prefer, you may sit in the Grisedale Room, where you'll still be able to hear the service. Please ask a Steward if you need any help.
- **Hymn Books:** We normally sing from Singing the Faith and most Sundays the words are projected onto the screen. Hymnbooks are always available in the pews. Please ask a steward if you prefer a large print or tune hymnbook.
- **Loop System:** We have a loop system for those who wear a hearing aid.
- **Website & social media** Please keep in touch with us through our website and our Facebook page. Our website is [www.keswickmethodistchurch.org.uk](http://www.keswickmethodistchurch.org.uk). Please visit us there. You can also find us on Facebook and Twitter. These are good ways to keep up to date on what we're doing.
- **Vision 21** We're raising money to redevelop the church, aiming to start after Convention 2017. You can follow how we're doing by checking in the Newsletter and on the website. And you can follow the travels of the I♥KESWICK bag here too.
- **Easyfundraising:** Collect free donations for Vision21 every time you shop online! Visit [www.easyfundraising.org.uk/causes/keswickmethodist](http://www.easyfundraising.org.uk/causes/keswickmethodist).

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**Notice Sheet:** Please send or phone notices for next week through to Anne Hasson on 017687 75818 or by e-mail to [annehasson@aol.com](mailto:annehasson@aol.com) by Thursday evening.