



# Keswick Methodist Church

I lift up my eyes to the hills.....

[www.keswickmethodistchurch.org.uk](http://www.keswickmethodistchurch.org.uk)



## Notices for week commencing 8 November 2020



### Ministers:

Rev Paul Saunders  
[superintendent@westernfells.uk](mailto:superintendent@westernfells.uk)  
Deacon Kina Saunders  
[deacon@westernfells.uk](mailto:deacon@westernfells.uk)  
01900 823273

**Senior Steward:** Helen North  
017687 78025

**O God of truth and justice,**  
we hold before you those whose  
memory we cherish,  
and those whose names we will  
never know.

Help us to lift our eyes above the  
torment of this broken world,  
and grant us the grace to pray for  
those who wish us harm.

As we honour the past, may we put  
our faith in your future;  
for you are the source of life and  
hope, now and for ever.

Amen

*(Churches Together in Britain &  
Ireland Remembrance Service Prayer  
2020)*

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**In line with Government policy our church services at the church in Southey Street are on hold. We expect to return for worship here on Sunday 6 December. Meanwhile please join us for worship online:**

- Keswick Methodist Church live worship via Zoom Wednesdays at 7pm
- Western Fells Methodist Circuit recorded worship via Youtube and Facebook Sunday mornings (Sunday 8 November at 10.45am)

## Remembrance Sunday 8 November

This year there is no Civic Service at St John's due to the Covid-19 pandemic. There will be a much smaller than usual act of remembrance at the war memorial in Penrith Road 10.50am leading up to 11am, to which only those invited are requested to attend. This will be live streamed on Zoom and St John's Facebook page.



## President & Vice President of Conference Facebook Live

Rev Richard Teal and Carolyn Lawrence, our President and Vice-President, are hosting a series of Facebook Lives, starting at 12.45 on Mondays. Watch them at [facebook.com/MethodistPresidency](https://facebook.com/MethodistPresidency).



## Need help?

Please remember if you need help in any way that you can contact any of the Leadership Team:

Helen North 78025  
Richard North 78025  
Anne Hasson 75818  
David Hasson 75818  
Nigel Barker 73818

Sheila Files 79253  
Christine Metcalf 72220  
Pauline Huggan 606539  
Fiona Crouch 07914 578945

## Year of Prayer

The Methodist Conference has declared 2020-2021 a year of prayer. To be part of it, you can join the weekly online prayer meeting each Tuesday at 12.45pm. It's only 15 minutes and you can find out how to join and view past prayer meetings at [methodist.org.uk/yearofprayer](http://methodist.org.uk/yearofprayer). Next week's prayers, 10 November at 12.45, are led by Rev Francis Itiiri, Northampton Circuit.

## Christmas cards (Christian Aid & Traidcraft)

If you'd like to order some Christmas cards please choose from the Traidcraft Christmas catalogue. Then, as we shall not be meeting at church, send me your order by email ([joyce.ellis@zen.co.uk](mailto:joyce.ellis@zen.co.uk)) or by phone (73340). You do not need to pay until you receive the cards. If you don't have a catalogue and would like one please give me a ring or email me and I'll drop one round for you. It will mean you can write your Christmas cards whilst confined to your home during Lockdown! Many thanks for all your support.

Joyce Ellis (73340)

## North Lakes Foodbank

We're so grateful for all your donations. Food donations have been incredible over the past few weeks to the point where our Cockermouth warehouse is completely full and we have a huge number of crates now stored in a church next door! The last thing that we want to do is to waste food by it going out of date before we can give it out so we've had to close food donation bins for the next four weeks to get our stock levels down.

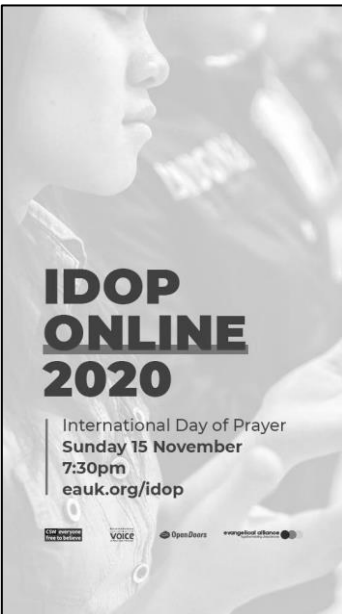


You may of course keep collecting food and then give it to another organisation in the meantime but please **don't** continue to collect food and store it for us to collect in four weeks time, otherwise we'll be back to square one! Thank you for your continued support and please be assured that we'll be back and will need your food donations again. Thank you.



**Christian Meditation Cumbria  
Online November Retreat : 13-14 November 2020  
*Becoming Silence – Resting in God***

This free online retreat gives the opportunity to meditate together. We'll look at our experiences this year in the light of the resources from the contemplative tradition to help and sustain us. We'll explore the idea of 'resting' in God and how the peace we discover can transform us. For more details see the November copy of Churches Together in Cumbria newsletter or to book a place email Rev Cameron Butland at [cda03@gmail.com](mailto:cda03@gmail.com).



**IDOP  
ONLINE  
2020**

International Day of Prayer  
Sunday 15 November  
7:30pm  
[eauk.org/idop](http://eauk.org/idop)



**Worship Service with CSW, Open Doors,  
Release International & Evangelical Alliance :  
Sunday 15 November 7.30pm online**

You're invited to an online joint Worship Service with CSW (Christian Solidarity Worldwide), Open Doors, Release International & Evangelical Alliance on Sunday 15th November, from 7.30pm. Speakers from China, India & Nigeria will be sharing testimony & prayer points. For more info & to register, go to: <https://www.facebook.com/events/794143298095478> .

**Christian Solidarity Worldwide**

CSW is an organisation that supports and prays for the areas of the world where Christians and the Church are persecuted. Please visit [www.csw.org.uk/idop-resources](http://www.csw.org.uk/idop-resources) to access resources for church, prayer group, newsletters and social media or contact Anne Baird, the local CSW Ambassador in Keswick at [anne.b@live.co.uk](mailto:anne.b@live.co.uk).

**Modern Slavery Awareness via  
Zoom : Monday 16 & Monday  
23 November 4-6pm**

Training in modern slavery awareness via two Zoom sessions. Suitable for everybody and vital for all. For more info and to book contact Shelagh Goldie at [shelagh.goldie@gmail.com](mailto:shelagh.goldie@gmail.com).



**Anna Chaplaincy**

**Enquirer's Day : Tuesday 24 November  
7-8.30pm & Thursday 26 November 2-  
3.30pm online**

The Anna Chaplaincy works with local churches and mission communities offering spiritual support to older people who are living in care homes and sheltered housing complexes, their relatives and staff who look after them

and to promote the spiritual welfare of older people in the wider community, particularly those facing challenges living independently. If you'd like to find out more about this new Cumbria-wide scheme you're welcome to join either of these two events via Zoom – email [ebctic@outlook.com](mailto:ebctic@outlook.com) to book a place and get the link.



**Church Council: Thursday 12 November 4pm by Zoom**

The next meeting of the Keswick Methodist Church Council will be held on Thursday, 12 November at 4pm by Zoom. Roy Ellis : Secretary (73340)

## The Leprosy Mission - Update : Ground-breaking Ulcer Treatment

Leprosy causes nerve damage which makes hands and feet numb. This means that cuts and burns easily go unnoticed and ulcers can develop on the skin. Without treatment, these ulcers often lead to serious infection and even amputation. The traditional treatment method for ulcers involves cleaning the wound, removing dead skin, and applying dressing regularly. The healing process is slow and it can take months, sometimes years, for ulcers to heal. Dr Indra, Senior Surgeon at Anandaban Hospital in Nepal, has been testing a new treatment that could see this recovery time halved. Leukocyte and Platelet Rich Fibrin (LPRF) treatment involves taking a small blood sample from a patient and using it to create a gel membrane that can be applied straight to the ulcer. The membrane is like a super-healing plaster. It combines the healing infection-fighting agents from the patient's own blood and accelerates the body's natural recovery process. This new technique is simple and easy to carry out. It can be done in just 30 minutes! So far, it's been trialled on more than 100 patients and the initial results are very exciting. For some patients, ulcers healed in as little as a week. Dr Indra explains why this research project could be revolutionary for leprosy patients.



The Leprosy  
Mission

*Leprosy defeated, lives transformed*

*"LPRF is life-changing for patients. It sees their wounds heal so much quicker. They can return to their families and jobs without too much disruption. Faster healing frees up hospital beds so we can treat more people affected by leprosy. Being able to show love to leprosy patients is something not everyone can do. We are working with people who have faced discrimination and who people don't want to speak to. But while caring for them, we can talk and listen to them. It is when we spend time with them that they start talking from the heart. By doing so they feel comforted that we will take care of them. For me, it is a way to share God's love, not by speech but by the act."*



## **Advent Refresh :**

**Thursday 26 November 7pm online**

An evening of music, reflection, the spoken word as well as some fun. Di Stone, from Scargill House near Kettlewell, will be helping lead parts of the evening. We hope very much that you can join us as we prepare for Christmas. We're picking up the great Advent words of hope, peace, love and joy,

encouraging us to keep trusting, and looking for glimpses of God's glory through these troubling days. The evening will work as a whole, but we've tried to design it so you could use it in four parts over the Advent period if you wish - perhaps in prayer or Bible study groups. Each section will be available as a video shortly after 26<sup>th</sup> and there will be a set of study questions for each section too. You can find out more at [youtube/refreshcumbria](https://www.youtube.com/watch?v=refreshcumbria). Please contact me for more info or to register.

Jan at Refresh! ([refreshcumbria@btinternet.com](mailto:refreshcumbria@btinternet.com))

## **Toys for Christmas**

***Giving good quality pre-loved toys and books as gifts to those who can enjoy them afresh***

Churches Together in Keswick are organising donation and distribution of good quality pre-loved toys and books suitable for children up to 10 years. More information will be available next week but meanwhile please note the dates and requests for toys, books and Christmas edibles.

### ***Collection of Gifts – Saturday 5 December 3-6pm***

Good quality pre-loved toys and books suitable for children 0-10 yrs of age can be dropped off at Crosthwaite Parish Room (next to the Co-op) where they'll be sorted and prepared. In addition we're also requesting Christmas biscuits, sweets, edible treats to be offered as a gift.

### ***Giving of Gifts – Saturday 12 December 10am-3pm***

Opportunity for families to choose gifts of toys and books that their children will enjoy which will take place at Crosthwaite Parish. These will be sorted by age range and will be free of charge, but donations will be accepted if offered. In addition a gift of a Christmas edible treat and a Christmas story book will be offered to all families attending.



Please remember to use easyfundraising when you do your Christmas shopping this year. Over 4,300 shops and

sites will donate to Keswick Methodist Church for FREE when you use easyfundraising to shop with them. This means you can raise donations for us when you buy anything from decorations and festive food shopping to gifts like toys, jewellery, tech, experiences and more! These donations really help us and all you have to do is use easyfundraising when you're ordering the things you'll be buying anyway. Visit [easyfundraising.org.uk/causes/keswickmethodist](http://easyfundraising.org.uk/causes/keswickmethodist).

### ***A Prayer for Coronavirus times***

God of all hope we call on you today.

We pray for those who are living in fear: fear of illness, fear for loved ones, fear of others' reactions to them.

May your spirit give us a sense of calmness and peace.

We pray for your church in this time of uncertainty.

For those people who are worried about attending worship.

For those needing to make decisions in order to care for others.

For those who will feel more isolated by not being able to attend.

Grant us your wisdom.

Holy God, we remember that you have promised that nothing will separate us from your love – demonstrated to us in Jesus Christ.

Help us to turn our eyes, hearts and minds to you.

Amen

**Notice Sheet:** Please email or phone any notices for next week through to Anne Hasson by e-mail to [annehasson@aol.com](mailto:annehasson@aol.com) or phone 75818 by Wednesday evening. Please note the earlier day due to the COVID-19 mailing.