



Keswick Methodist Church

I lift up my eyes to the hills.....

www.keswickmethodistchurch.org.uk



Notices for week commencing 15 November 2020



Ministers:

Rev Paul Saunders
superintendent@westernfells.uk
Deacon Kina Saunders
deacon@westernfells.uk
01900 823273

Senior Steward: Helen North
017687 78025

Help us, O Lord,
to conquer all harshness of
judgement with your gentleness;
to quench all meanness of spirit
with your generosity
and to defeat all indifference of
compassion with your fervour.

Teach us to be courageous
in loving,
patient in suffering
and attentive in prayer;
through Christ our Lord.
Amen

*(Clement XI 1649-1721)
(Day 15 Prayer Handbook)*

In line with Government policy our church services at the church in Southey Street are on hold. We expect to return for worship here on Sunday 6 December. Meanwhile please join us for worship online:

- Keswick Methodist Church live worship via Zoom Wednesdays at 7pm
- Western Fells Methodist Circuit recorded worship via Youtube and Facebook Sunday mornings (uploaded very early Sunday morning)

Zoom Service : Wednesday 18 November

This Wednesday's service will be led by Deacon Kina Saunders. If you'd like the code to join by internet or by phone please let us know.

Anne & David Hasson (75818) or revhasson@aol.com

Christmas cards (Christian Aid & Traidcraft)

If you'd like to order some Christmas cards please choose from the Traidcraft Christmas catalogue. Then, as we shall not be meeting at church, send me your order by email (joyce.ellis@zen.co.uk) or by phone (73340). You don't need to pay until you receive the

cards. If you don't have a catalogue and would like one please give me a ring or email me and I'll drop one round for you. It will mean you can write your Christmas cards whilst confined to your home during Lockdown! Many thanks for all your support.



Joyce Ellis (73340)



President & Vice President of Conference Facebook Live

Rev Richard Teal and Carolyn Lawrence, our President and Vice-President, are hosting a series of Facebook Lives, starting at 12.45 on Mondays. Watch them at facebook.com/MethodistPresidency.

Need help?

Please remember if you need help in any way that you can contact any of the Leadership Team:

Helen North 78025

Richard North 78025

Anne Hasson 75818

David Hasson 75818

Nigel Barker 73818

Sheila Files 79253

Christine Metcalf 72220

Pauline Huggan 606539

Fiona Crouch 07914 578945

North Lakes Foodbank

We're so grateful for all your donations. Food donations have been incredible over the past few weeks to the point where our Cockermouth warehouse is completely full and we have a huge number of crates now stored in a church next door! The last thing that we want to do is to waste food by it going out of date before we can give it out so we've had to close food donation bins during Lockdown 2 to get the stock levels down.



You may of course keep collecting food and then give it to another organisation in the meantime but please **don't** continue to collect food and store it for us to collect in three weeks time, otherwise we'll be back to square one! Thank you for your continued support and please be assured that we'll be back and will need your food donations again. Thank you.

If you still want to give, and give easily, **Booths** are now running their **Buy One Give One Free** scheme. For every qualifying item that you buy in store, you can pick another one up completely free of charge to donate to your store's food bank collection point. In partnership with their suppliers, Booths will fund the free item to help maximise donations and support local communities. More details in store or online.

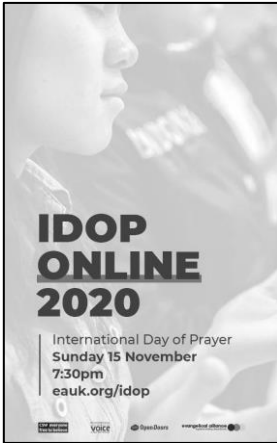
Christmas Tree Festival – Virtually

A lot's been going on behind the scenes in preparation for this year's



Christmas Tree Festival. Due to the Covid-19 restrictions and second lockdown we've decided to go virtual this year, although we'll still have the nativity window facing onto Southey Street. This is part of the Town's Advent Window Trail and will give a Christian message to passers by during December. We already have a number of groups getting trees ready and they'll be taking photos and sending them in to go on both the Church's and the Keswick Tourism Association's website and social media. We're hoping to also have a spread in the Reminder on the Friday of what would have been the 'in-person' Festival. If you know of any groups who'd like to take part it's not too late to let me know!

Sheila Files (79253)



Worship Service with CSW, Open Doors, Release International & Evangelical Alliance : Sunday 15 November 7.30pm online

You're invited to an online joint Worship Service with CSW (Christian Solidarity Worldwide), Open Doors, Release International and Evangelical Alliance on Sunday 15 November, from 7.30pm. Speakers from China, India & Nigeria will be sharing testimony and prayer points. For more info & to register, go to this new link:

<https://www.csw.org.uk/2020/09/10/event/4793/article.htm>.

Christian Solidarity Worldwide

CSW is an organisation that supports and prays for the areas of the world where Christians and the Church are persecuted. Please visit www.csw.org.uk/idop-resources to access resources for church, prayer group, newsletters and social media or contact Anne Baird, the local CSW Ambassador in Keswick at anne.b@live.co.uk.

Modern Slavery Awareness via Zoom : Monday 16 & Monday 23 November 4-6pm

Training in modern slavery awareness via two Zoom sessions. Suitable for everybody and vital for all. For more info and to book contact Shelagh

Goldie at shelagh.goldie@gmail.com. Modern Slavery is the exploitation of people who have been forced, deceived, or coerced into a life of labour and servitude. It's a crime hidden from society where victims are subjected to abuse, inhumane and degrading treatment.

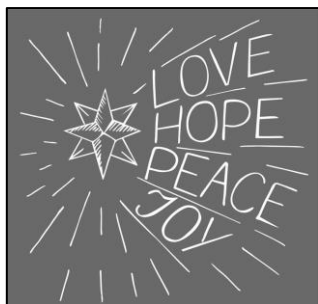


Anna Chaplaincy

**Enquirer's Day : Tuesday 24 November
7-8.30pm & Thursday 26 November 2-
3.30pm online**

The Anna Chaplaincy works with local churches and mission communities offering spiritual support to older people who are living in care homes and sheltered housing complexes, their

relatives and staff who look after them and to promote the spiritual welfare of older people in the wider community, particularly those facing challenges living independently. If you'd like to find out more about this new Cumbria-wide scheme you're welcome to join either of these two events via Zoom – email **ebctic@outlook.com** to book a place and get the link.



Advent Refresh :

Thursday 26 November 7pm online

An evening of music, reflection, the spoken word as well as some fun. Di Stone, from Scargill House near Kettlewell, will be helping lead parts of the evening. We hope very much that you can join us as we prepare for Christmas. We're picking up the

great Advent words of hope, peace, love and joy, encouraging us to keep trusting, and looking for glimpses of God's glory through these troubling days. The evening will work as a whole, but we've tried to design it so you could use it in four parts over the Advent period if you wish - perhaps in prayer or Bible study groups. Each section will be available as a video shortly after 26th and there will be a set of study questions for each section too. You can find out more at [youtube/refreshcumbria](https://youtube.com/refreshcumbria). Please contact me for more info or to register.

Jan at Refresh! (refreshcumbria@btinternet.com)

The Leprosy Mission - Update : Ground-breaking Ulcer Treatment

Leprosy causes nerve damage which makes hands and feet numb. This means that cuts and burns easily go unnoticed and ulcers can develop on the skin. Without treatment, these ulcers often lead to serious infection and even amputation. The traditional treatment method for ulcers involves cleaning the wound, removing dead skin, and applying dressing regularly. The healing process is slow and it can take months, sometimes years, for ulcers to heal. Dr Indra, Senior Surgeon at Anandaban Hospital in Nepal, has been testing a new treatment that could see this recovery time halved. Leukocyte and Platelet Rich Fibrin (LPRF) treatment involves taking a small blood sample from a patient and using it to create a gel membrane that can be applied straight to the ulcer. The membrane is like a super-healing plaster. It combines the healing infection-fighting agents from the patient's own blood and accelerates the body's natural recovery process. This new technique is simple and easy to carry out. It can be done in just 30 minutes! So far, it's been trialled on more than 100 patients and the initial results are very exciting. For some patients, ulcers healed in as little as a week. Dr Indra explains why this research project could be revolutionary for leprosy patients.



**The Leprosy
Mission**

Leprosy defeated, lives transformed

"LPRF is life-changing for patients. It sees their wounds heal so much quicker. They can return to their families and jobs without too much disruption. Faster healing frees up hospital beds so we can treat more people affected by leprosy. Being able to show love to leprosy patients is something not everyone can do. We are working with people who have faced discrimination and who people don't want to speak to. But while caring for them, we can talk and listen to them. It is when we spend time with them that they start talking from the heart. By doing so they feel comforted that we will take care of them. For me, it is a way to share God's love, not by speech but by the act."

www.leprosymission.org.uk

Toys for Christmas

Giving good quality pre-loved toys and books as gifts

to those who can enjoy them afresh

Churches Together in Keswick are organising donation and distribution of good quality pre-loved toys and books suitable for children up to 10 years plus some Christmas edibles .

Thank you to those who have already volunteered to help. There are still spaces if you'd like to help on

Saturday 12 December, particularly in

the afternoon 12.30-3.30pm. More details from Susi Wood at

susi.wood@aol.co.uk or Keith Rigg at keith.rigg@btinternet.com. .



Collection of Gifts – Saturday 5 December 3-6pm

Good quality pre-loved toys and books suitable for children 0-10 yrs of age can be dropped off at Crosthwaite Parish Room (next to the Co-op) where they'll be sorted and prepared. In addition we're also requesting Christmas biscuits, sweets and edible treats to be offered as a gift.

Giving of Gifts – Saturday 12 December 10am-3pm

Opportunity for families to choose gifts of toys and books that their children will enjoy which will take place at Crosthwaite Parish. These will be sorted by age range and will be free of charge, but donations will be accepted if offered. In addition a gift of a Christmas edible treat and a Christmas story book will be offered to all families attending.

Please pray that the event will be able to go ahead and that those families who will benefit will get to hear about it and come along on the 12th. And thank God for the generosity of those promising their time for the two days and for those who have already given gifts.

Please continue to find good-quality pre-loved toys and books suitable for children 10 and under, along with Christmas edibles – and encourage your friends and families to do so as well.



Please remember to use easyfundraising when you do your Christmas shopping this

year. Over 4,300 shops and sites will donate to Keswick Methodist Church for FREE when you use easyfundraising to shop with them. This means you can raise donations for us when you buy anything from decorations and festive food shopping to gifts like toys, jewellery, tech, experiences and more! These donations really help us and all you have to do is use easyfundraising when you're ordering the things you'll be buying anyway. Visit [easyfundraising.org.uk/causes/keswickmethodist](https://www.easyfundraising.org.uk/causes/keswickmethodist).

A Prayer for Coronavirus times

God of all hope we call on you today.

We pray for those who are living in fear: fear of illness, fear for loved ones, fear of others' reactions to them.

May your spirit give us a sense of calmness and peace.

We pray for your church in this time of uncertainty.

For those people who are worried about attending worship.

For those needing to make decisions in order to care for others.

For those who will feel more isolated by not being able to attend.

Grant us your wisdom.

Holy God, we remember that you have promised that nothing will separate us from your love – demonstrated to us in Jesus Christ.

Help us to turn our eyes, hearts and minds to you.

Amen

Notice Sheet: Please email or phone any notices for next week through to Anne Hasson by e-mail to annehasson@aol.com or phone 75818 by Wednesday evening. Please note the earlier day due to the COVID-19 mailing.