



Keswick Methodist Church

I lift up my eyes to the hills.....

www.keswickmethodistchurch.org.uk



Notices for week commencing 1 November 2020



Ministers:

Rev Paul Saunders
superintendent@westernfells.uk
Deacon Kina Saunders
deacon@westernfells.uk
01900 823273

Senior Steward: Helen North
017687 78025

Holy God,
you have called witnesses
from every nation and revealed
your glory in their lives.
Grant to us the same faith
and love that,
following their example,
we may be sustained
by their fellowship
and rejoice in their triumph;
through Jesus Christ our Lord.

Amen

*(Collect for All Saints Day
MWB page 558)*

Sunday 1 November: All Saints Day

10.30am **Worship & Communion**

led by Rev Dr Nicola Price-Tebbutt

StF 745, 443, 340

Matthew 5:1-12 | Revelation 7:9-17

Please leave straight after the service as directed. We're sorry there's no tea or coffee at the moment but you're welcome to greet each other in the car park or away from the church door, remembering no more than 6 in a group and maintain 2 metres (6 feet) or 1 metre + (3 feet +) face covering.

This Coming Week:

Tuesday 3 November:

12.45-1pm Weekly Online Year of Prayer Meeting (Zoom or Facebook Live – Methodist Church page)

Thursday 5 November:

9.30-10am Prayer Group in the hall

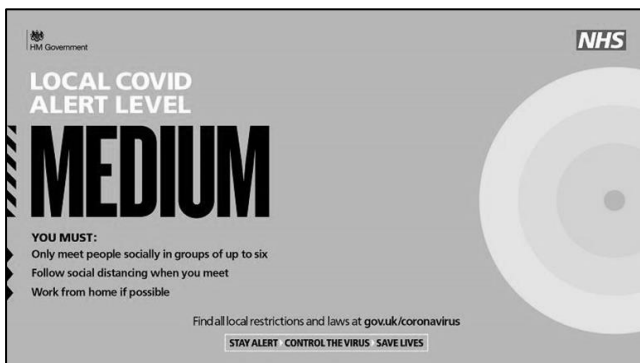
Sunday 8 November: Remembrance Sunday

** **10am** Worship led by Fiona Crouch

Covid- 19 'Rules' Reminder

In light of the developing seriousness of the situation across the country, it's vitally important that we continue to follow the Methodist Covid-19 guidelines at all times

when we come to church and so we'd like to remind you of the following main points and please do read the full guidelines on page 7:



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1. Make sure you adhere to social distancing and wear your mask when you're inside church, keeping your interaction with others to an absolute minimum.
 2. Remain seated at the end of the service until you're guided out by the stewards, leaving quietly.
 3. Leave talking to others, including the preacher, until you're outside and away from the door.
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Help to keep us all safe and help Keswick and Allerdale stay in the Medium Risk Level.

Rev Dr Nicola Price-Tebbutt

Our preacher this morning is Rev Dr Nicola Price-Tebbutt. Nicola is Secretary of the Faith and Order Committee, part of the Connexional Team. The Faith and Order Committee is appointed by, and directly accountable to, the Methodist Conference and on behalf of the Conference it helps to ensure that what the Methodist Church in Britain says and does is true to its self-understanding, mission and purpose. It therefore seeks to encourage a deepening of theological understanding, engagement with the Methodist tradition, and shared critical reflection in order to help discern Methodist perspectives and responses in all aspects of the Church's life. (Quoted from this year's Conference Agenda!) Nicola lives in Penrith with her husband, James Tebbutt, our Chair of District, and their daughter.

Remembrance Sunday 8 November

This year there will be no Civic Service at St John's due to the Covid-19 pandemic so we'll be having a service here at the earlier time of 10am. This will be led by Fiona Crouch and will last about 30 minutes. We understand there is to be a much smaller than usual act of remembrance at the war memorial in Penrith Road but arrangements for this will not be known until later in the week. Details should be in the Keswick Reminder.



President & Vice President of Conference Facebook Live

Rev Richard Teal and Carolyn Lawrence, our President and Vice-President, are hosting a series of Facebook Lives, starting at 12.45 last Monday, 26th October. For the first week they

reflected on the *Fruits of the Spirit*. You can watch the first one at facebook.com/MethodistPresidency.

Year of Prayer

The Methodist Conference has declared 2020-2021 a year of prayer. To be part of it, you can join the weekly online prayer meeting each Tuesday at 12.45pm. It's only 15 minutes and you can find out how to join and view past prayer meetings at methodist.org.uk/yearofprayer.

North Lakes Foodbank

At the North Lakes Foodbank we provide 3 days worth of emergency food supplies to people in need in the Allerdale and Copeland areas of Cumbria. We've been doing this for over 10 years!



Over the twelve months to 1 April 2020 we helped nearly 6,800 people, of which 2,314 were children. We also gave 14 tonnes of food to children as part of our Holiday LunchPacks 4 Kids scheme and you'll be pleased to know that any family who accessed the scheme over Summer or who would normally have a free meal at school but didn't use our scheme over summer were all able to pick up a bag of food to help feed children this half term.

There are so many ways that you can help us provide this vital service: give food, volunteer, pray, donate money. And those who shop at Booths in Keswick or Penrith will now be able to buy a qualifying item in the **Buy One Give One Free** scheme and Booths will give another one free of charge to be donated at the store's foodbank collection point. The scheme will include cereals, hot beverages, soft drinks, fruit and vegetables and toiletry products. Great news!

We're so grateful for all your donations. You can leave them in the collection bin at church or at Booths. This week we're running low on:

Small tinned ham Tinned fruit Soap Small (80s) teabags

Thank you.

Reverse Advent Calendar for the Foodbank

The Foodbank has again produced a Reverse Advent Calendar. Instead of opening a door and eating a chocolate each day during Advent, you put aside one food item each day and at Christmas you donate them all to the Foodbank. If you'd like to follow this, please collect a copy of the calendar from the table in the Welcome Area.

Reverse ADVENT CALENDAR					
1 Tinned fruit	2 Cooking oil	3 Washing up liquid	4 Shower gel	5 Cereal	6 Rice pudding
7 Shampoo	8 Chocolate	9 Sponge pudding	10 Hand wash	11 Washing powder	12 Toilet paper
13 Themed cakes	14 Biscuits	15 Tinned fish	16 Pasta sauce	17 UHT milk	18 Coffee
19 Hot chocolate	20 Jam & peanut butter	21 Fruit juice	22 Rice pudding	23 Van ice cream	24 Tinned meat

Roy Ellis (73340)



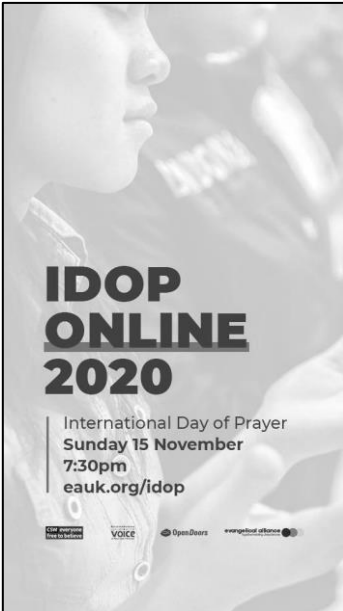
Christian Meditation Cumbria

Online November Retreat : 13-14 November 2020

Becoming Silence – Resting in God

This free online retreat gives the opportunity to meditate together. We'll look at our experiences this year in the light of the resources from the contemplative tradition to help and sustain us. We'll explore the idea of 'resting' in God and how the peace we discover can transform us. For more details see the November copy

of *Churches Together in Cumbria* newsletter or to book a place email Rev Cameron Butland at cdsa03@gmail.com.



Worship Service with CSW, Open Doors, Release International & Evangelical Alliance : Sunday 15 November 7.30pm online

You're invited to an online joint Worship Service with CSW (Christian Solidarity Worldwide), Open Doors, Release International & Evangelical Alliance on Sunday 15th November, from 7.30pm. Speakers from China, India & Nigeria will be sharing testimony & prayer points. For more info & to register, go to: <https://www.facebook.com/events/794143298095478> .

Christian Solidarity Worldwide

CSW is an organisation that supports and prays for the areas of the world where Christians and

the Church are persecuted. Please visit www.csw.org.uk/idop-resources to access resources for church, prayer group, newsletters and social media or contact Anne Baird, the local CSW Ambassador in Keswick at anne.b@live.co.uk.

**Modern Slavery Awareness via
Zoom : Monday 16 & Monday
23 November 4-6pm**

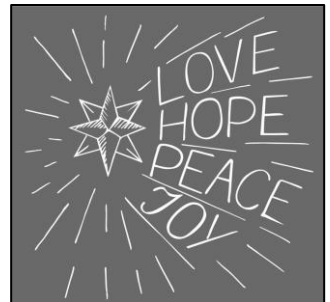
Training in modern slavery awareness via two Zoom sessions. Suitable for everybody and vital for all. For more info and to book contact Shelagh Goldie at shelagh.goldie@gmail.com.



Advent Refresh :

Thursday 26 November 7pm online

An evening of music, reflection, the spoken word as well as some fun. Di Stone, from Scargill House, will be helping lead parts of the evening. We hope very much that you can join us as we prepare for Christmas. We're picking up the great Advent words of hope, peace, love and joy, encouraging us to keep trusting, and looking for glimpses of God's glory through these troubling days. The evening will work as a whole, but we've tried to design it so you could use it in four parts over the Advent period if you wish - perhaps in prayer or Bible study groups. Please contact me for more info or to register. Jan at Refresh! (refreshcumbria@btinternet.com)



Please remember to use easyfundraising when you do your Christmas shopping this year. Over 4,300 shops and

sites will donate to Keswick Methodist Church for FREE when you use easyfundraising to shop with them. This means you can raise donations for us when you buy anything from decorations and festive food shopping to gifts like toys, jewellery, tech, experiences and more! These donations really help us and all you have to do is use easyfundraising when you're ordering the things you'll be buying anyway. Visit easyfundraising.org.uk/causes/keswickmethodist.

Keeping everyone safe as we worship

We're delighted to continue physical worship together for those who are able to attend. We've completed a full risk assessment and done everything we can to ensure our safety and protection and we're therefore COVID-19 Secure. However, please take a moment to take note of our guidelines:

- If you're older and/or with underlying medical conditions please consider whether church is a safe place for you to be at the moment.
- If you have a temperature or a new and persistent cough or change or loss of taste and smell you should **NOT** come to church as these are symptoms of COVID-19.
- We've set up extra cleaning and you'll be asked to use the hand sanitiser as you come into the building.
- Face coverings are to be worn in church so please bring one and put it on before you come in. We do have free disposable masks if you forget!
- We'll be taking your contact details for NHS 'Test and Trace'. We'll keep this information for 21 days and then shred the details. Alternatively you can scan the QR code with your NHS COVID-19 App to check in!
- A steward will guide you to the worship area and show you where to sit. You can sit with people in your household or bubble.
- We won't be singing at the moment but please take a hymnbook to read if you wish and return it to the stand at the end of the service. All hymn words will be on the screen.
- The two accessible toilets will be available for use during worship if required. Please use the hand sanitiser before entering the cubicle and follow the hygiene instructions on the posters.
- The collection plate is by the door in the welcome area. Please put your offering in it either as you come in or go out of church.
- At the end of the service you'll be guided out row by row by a steward. Please use the hand sanitiser on your way out.
- If you'd like to talk to anyone after the service, this will have to be away from the church. Unfortunately we're not yet able to have tea or coffee after the service.

The Leadership Team

A Prayer for these Coronavirus times

God of all hope we call on you today.

We pray for those who are living in fear: fear of illness, fear for loved ones,
fear of others' reactions to them.

May your spirit give us a sense of calmness and peace.

We pray for your church in this time of uncertainty.

For those people who are worried about attending worship.

For those needing to make decisions in order to care for others.

For those who will feel more isolated by not being able to attend.

Grant us your wisdom.

Holy God, we remember that you have promised that nothing will separate
us from your love – demonstrated to us in Jesus Christ.

Help us to turn our eyes, hearts and minds to you.

Amen

Need help?

Please remember if you need help in any way that you can contact any of
the Leadership Team:

Helen North 78025

Sheila Files 79253

Richard North 78025

Christine Metcalf 72220

Anne Hasson 75818

Pauline Huggan 606539

David Hasson 75818

Fiona Crouch 07914 578945

Nigel Barker 73818

Future Dates:

- **Thursday 12 November 4pm: Church Council**
- **Thursday 26 November 7pm: Advent Refresh**
- **Thursday 3-Sunday 6 December : Christmas Tree Festival**
- **Sunday 20 December 10.30am: Carol Service**

Notice Sheet: Please email or phone any notices for next week
through to Anne Hasson by e-mail to annehasson@aol.com or phone 75818
by Wednesday evening. Please note the earlier day due to the COVID-19
mailing.